

SERMON Q's

"Exposed and Embraced"

October 30, 2022

Genesis 2:25

1. Share an experience when you feared being found out or exposed - or a time when you actually were and felt embarrassed or ashamed.
2. What is the difference between guilt and shame? Why are both so devastating?
3. What is one go-to method for you to cover or hide? (Hint: Will mentioned things like revealing only your best parts of life, body, feelings; messy room with door closed; hiding behind humor, wealth, or busyness)
4. What is the danger of covering or hiding the "real you"? While the "real you" may avoid exposure, what else does it avoid?
5. What biblical picture of shame being covered or way Jesus endures your shame at the cross most encourages your heart? Why is it so much better to have God cover what we try to hide? What does it feel like to be in your Father's arms, exposed and embraced?
6. Describe what you think it would be like to live the way God created us - with shame completely absent, fully exposed and embraced and completely confident in that reality. Why is that so hard for us to imagine? Why is that so exciting for us to imagine?

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