- 1.) Les gave examples of significant events in the Bible that occur around meals (The Fall, Passover, Events in Jesus' life, Last Supper, Marriage Supper of the Lamb). Can you think of others? What is the significance of this?
- 2.) What are some significant meals or events around meals from your own life? What about sharing meals makes them so powerful?
- 3.) Les said that Jesus is using this food metaphor partially to communicate, "I want to be the kind of relationship that gets inside you and releases power out." How have you experienced this kind of intimate and transformative relationship with Jesus?
- 4.) Food also has a way of exposing deep problems in our souls. How have you seen that be true in your own life?
- 5.) Share about a time when you remember finding spiritual satisfaction (a feeling of fullness/all you needed) in Jesus.
- 6.) Les said, "I will never find satisfaction in Jesus until I discover his satisfaction with me in the cross." What did he mean, and how do we experience that satisfaction?
- 7.) How does this reality about our intimate relationship with Jesus impact our prayer life?
- 8.) In light of this sermon, what added significance or meaning do you see in the Lord's Supper? How does the sacrament instruct you regarding God's view of you?
- 9.) Do you feel like you shared a meal with your brothers and sisters this morning as well as with God? How does Jesus impact those relationships? If you don't, how could you intentionally make that aspect of the Lord's Supper more tangible for you?

