

SMALL GROUP Q'S

An Invitation to Better Rest
January 22, 2017
Luke 6: 1-11

1. What are some of the rules that you keep that gives you a sense of justification? (Maybe you should ask someone who knows you well.) If you can't think of something, then ask yourself what other people do that makes you angry? Give some current examples.
2. How do you feel when you fail to keep your standard? How do you relate to others in your efforts to keep from failing? (An example is if you were highly punctual. How nice are you as you make sure you are on time?)
3. How would it feel to have someone always keeping a scorecard for you? How much joy would you have? Do you sometimes think that God has such a scorecard?
4. How can we live with non-believers and give them a sense of the joy of Sabbath rest without compromising our beliefs? How can we present to them God's love and grace without denying God's truth over sin?
5. What would it mean for you to really enjoy rest of soul? What is keeping you from it?
6. How would your daily life change if you believed that God was celebrating over you, and there was nothing you could do to change that?



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