

SMALL GROUP Q'S

The Gift of Sabbath
January 14, 2018
Luke 13:10-17; 14:1-6

1. How have you previously thought about Sabbath? Have you viewed it as a gift or a burden? Did this sermon reshape your view of the Sabbath?
2. What are the challenges you face in setting apart a whole day in the week? What pressures come from cultural and society? What pressures do you sense from inside your own heart?
3. How is the Sabbath a safeguard against our idolatries?
 - a. Idolatry of self-sufficiency
 - b. Idolatry of acceptance
 - c. Idolatry of self-determination
4. How can we make the Sabbath a better day of celebration of God's supreme rule over all of life and our redemption in Christ?
5. How can we make the Sabbath a better day of rest? What do we need to rest from the most?



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